



Consultancy for Landscape on SRHR in Mexico Terms of Reference

About IPPF

The International Planned Parenthood Federation (IPPF) is a global healthcare provider and a leading advocate of sexual and reproductive health and rights (SRHR) for all. Led by a courageous and determined group of women, IPPF was founded in 1952 at the Third International Planned Parenthood Conference. Today, we are a movement of 120 autonomous members with a presence in over 146 countries.

Our work is wide-ranging, including comprehensive sex education, provision of contraceptive, safe abortion, and maternal care and responding to humanitarian crises. We pride ourselves on being local through our members and global through our network. At the heart of our mission is the provision of – and advocacy in support of – integrated healthcare to anyone who needs it regardless of race, gender, sex, income, and crucially no matter how remote.

Volunteerism is central to our healthcare delivery. It underpins the vital work of our members and their teams, whether through community outreach and distribution of contraceptive care or the regional Youth Action Movements championing change.

To better fulfil our core mission, IPPF has completed a [reform](#) which has made our governance more accountable, our financial allocation system better able to ensure quality investment in the populations we serve and our safeguarding mechanisms stronger. A [new board of trustees](#) was appointed in June 2020.

IPPF 2023-2028 Strategy: Come together

For 70 years IPPF has championed and delivered quality services, comprehensive information and advocated for just laws so that more people in more places under more circumstances may realize their sexual and reproductive health and rights (SRHR). Started with an act of international solidarity between activists from just a handful of countries, IPPF has since grown into a broad and diverse community of services providers and advocates that stretches around the Earth.

Our very existence manifests just how the demand for dignity in sexual and reproductive health and rights is universal to people the world over. But that world is changing rapidly. Tough challenges must be confronted – the toxic legacies of longstanding racism, sexism and homophobia, for example; the deepening impacts of the climate crisis, violence, and inequalities; the escalating consequences of new technologies, population displacements, and habitat destruction.

Wherever such dynamics impact people's lives, IPPF knows enjoyment of SRHR is impacted too. Whenever people confront humanitarian crises, we know their SRHR are thrust into crisis too. Whoever is subject to prejudice, bigotry, or exclusion, has their access to SRHR also eroded. We know that the worst consequences of those injustices are borne by young people in the poorest of communities, in the toughest of places, facing the fewest opportunities.

To be impactful in a world of change, IPPF must change too. That is what Strategy 2028 is all about: changing IPPF so it is well equipped to uphold SRHR for those who are left out, locked out or left behind.



Our Strategy 2028 sets out a familiar path but in a new direction over far tougher terrain to that clear destination. We will walk that path shoulder to shoulder with young people, and with individuals and communities bearing the full brunt of stigma and prejudice. At each step, we will defend, protect, and celebrate safety, pleasure and wellbeing in sex and reproduction. At every turn, we will denounce powers and authorities who, through policy, practice, and law, undermine dignity and human rights in those intimate realms. And, as IPPF, we will be accountable for who we are, what we do and how we do it.

The process

The journey to design Strategy 2028 took two years and was done under the authority of the IPPF Board and led by its Strategy, Policy and Investment Committee. Thousands of people from all corners of the world took part. It was a transformative and enriching design process that included new research, in-depth roundtable discussions, national consultations, regional forums and an award-winning international youth campaign. The strategy is the collective product of all who came together to shape it.

About Strategy 2028:

Come Together is written simply to be understood widely. It is informed by young people who want more inclusive and accessible language. The strategy aims to demystify Sexual and Reproductive Health and Rights (SRHR) and to speak in direct terms about the federation and its strategic ambitions.

It speaks in a collective voice that recognises IPPF's diversity as well as its sense of solidarity and shared mission. The structure of the strategy is also simple. It has four pillars. Three pillars face outwards to the world and one faces inwards to the federation. Each pillar contains a goal and three pathways. The pathways are the actions we need to prioritise to achieve our goals.

The pathways are accompanied by sets of change commitments. The pillars and pathways bring focus and direction. But they are not mutually exclusive. Throughout the strategy, linkages bridge and weave across the different pillars and pathways. None exists in isolation. Core IPPF areas such as gender, youth, humanitarian, or rights cannot be fitted into a single pillar. They run across the strategy.

Come Together builds on IPPF's previous strategy, but it is also a departure from it. The biggest change is the commitment by member associations and the Secretariat to focus resources on reaching people who are being excluded and marginalised with quality and people-centred care. Come Together further commits IPPF to shaping laws, policies and norms through feminist action and international solidarity. Thirdly, Come Together commits to nurturing the federation, addressing shortcomings and adding new impetus for real and lasting impact.

Purpose of this consultancy

IPPF is present in the Americas and the Caribbean with Affiliates in 30 countries in the Americas and the Caribbean. The regional office has two locations, one of them is in Mexico City. Given this presence, IPPF ACRO seeks to strengthen its understanding of the SRHR landscape in Mexico.

The main purpose of this consultancy is to develop a short analytical report of the situation of SRHR and gender equality, the needs of women and girls, and other communities in Mexico to inform the work of the regional office. This analysis should include a list of recommended organisations that could be potential



allies of IPPF in the country and a list of a maximum of 10 key informants to be interviewed by IPPF after the end of the consultancy.

Description of the report

The report should not exceed 5000 – 7000 words and should be presented in outstanding English or Spanish.

The suggested outline of the report is as follows:

- Table of contents
 - Executive Summary
 - Glossary
1. Introduction
 2. Methodological approach
 3. Situational Analysis
 - a. SRHR and gender equality in the country. Health systems situation and the needs of women and girls
 - b. Mapping 'for' and 'against' SHHR mobilisation scenes in Mexico
 - i. Mobilization opposing SRHR in Mexico (factors, actors, and activities hindering and opposing SRHR)
 - ii. Mobilization supporting SRHR in Mexico (Protest, Advocacy, Knowledge production, Service provision, Popular education, Movement building)
 4. Identified needs in SHRH work from the CSO space and Organisations that IPPF should approach as potential allies
 - a. Rationale of the selection
 - b. Names of organisations – history – role they play in the country – Executive Directors contact details
 5. List of key informants that IPPF should approach in order to understand the country and prospective allies
 - a. Rationale of the selection
 - b. Name – organisation – contact details
 6. Conclusions and recommendations

Main activities

1. Desk review
2. Writing
3. Meetings with IPPF

Reporting line

The consultant will report to the Regional Director of the Americas and the Caribbean Office and to the Architect of Cooperation Americas Team Leader

Timeline



End of February/26 – Discussion of Terms of Reference

Mid March/26– Presentation of draft report to IPPF

Mid April/26 – IPPF provides feedback.

End of April/26 – Presentation of Final report

Deliverables / Outputs

1. Report.
2. Power point presentation.

Expected days: 10 working days

Person Specification:

- Academic background in social sciences, gender health, clinical studies or related area.
- Significant experience on working on SRHR and/or gender equality in Mexico
- Excellent command of oral and written Spanish and English.
- Work experience with grassroots and movements highly desirable
- Outstanding writing and synthesis skills
- Self-awareness, embraces diversity of all sorts.
- Supports bodily autonomy including women's right to choose an abortion is essential.
- Consultancy experience including working by products and report writing experience is required.

How to Apply:

- Send your technical and economic proposal with CV and samples of similar work with "Scoping Mexico" in the subject line to ADeLaTorreArias@ippf.org

Deadline for application is February 10th, 2026.